

# TRIP APPLICATION

## *Teotihuacan, Mexico*

Please print your name and information CLEARLY & CAREFULLY as this information is needed for your hotel reservations, transfer to and from Mexico City, and to ensure your security while in Mexico. All information requested is REQUIRED.

Should you have questions that are not answered in the following pages, please feel free to contact Sage for more information at (858)481-8810 or [Sage@HealingHeartCenter.org](mailto:Sage@HealingHeartCenter.org) . When you have completed the Application and signed the releases, please scan and email back to [Sage@HealingHeartCenter.org](mailto:Sage@HealingHeartCenter.org) or fax to (858) 481-8816.

In order to ensure that we reserve a room for you, please provide us with a check or credit card. If you wish to write a check, **please make checks payable** and send to:

Healing Heart Center  
990 Highland Drive, Suite 100  
Solana Beach, CA 92075

If you provide credit card information for the payment of your journey, make sure that we have the billing address for your card, as well as the expiration date, and security code on the back of your card. You are welcome to fax that information to 858-481-8816 for best security. We do not suggest emailing credit card information to us.

### Personal Information

Name of trip: Freeing the Healer with Sage Breslin and Stephen Williams

Name: \_\_\_\_\_  
Your full name (as it is on your passport)

Mailing Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Home Phone ( ) \_\_\_\_\_

Cell Phone ( ) \_\_\_\_\_

Fax ( ) \_\_\_\_\_

E-mail \_\_\_\_\_

Occupation \_\_\_\_\_

Marital Status \_\_\_\_\_ Sex \_\_\_\_\_ Age \_\_\_\_\_ Height \_\_\_\_\_

Weight \_\_\_\_\_ Citizenship \_\_\_\_\_

Birth date (month/day/year) \_\_\_\_\_

Birthplace \_\_\_\_\_

Passport Number \_\_\_\_\_

Place of Issue \_\_\_\_\_

Date of Issue (must be valid for 6 months after date of arrival) \_\_\_\_\_

In case of Emergency contact: \_\_\_\_\_

Address \_\_\_\_\_ City/State/Zip \_\_\_\_\_

Telephone ( ) \_\_\_\_\_ Relationship \_\_\_\_\_

## Hotel & Meal Arrangements

Single room (extra cost incurred): \_\_\_\_\_

Double room (price included in the journey cost)? \_\_\_\_\_

*Please be aware that while we will try to assign a roommate for each person who desires one, if we are unable to do so, you may be charged for a single room if you occupy one.*

Roommate preference: \_\_\_\_\_

My roommate and I will need two separate beds (yes or no?) \_\_\_\_\_

Any dietary restrictions or preferences?  
\_\_\_\_\_  
\_\_\_\_\_

## Flight information

From (city) \_\_\_\_\_ to Mexico City on (airline) \_\_\_\_\_

Flight # \_\_\_\_\_ Arriving (time) \_\_\_\_\_

From Mexico City to (city) \_\_\_\_\_ on (airline) \_\_\_\_\_

Flight # \_\_\_\_\_ departing (time) \_\_\_\_\_

## Costs & Payment information

I am paying \$1095 for my journey, sharing a double room \_\_\_\_\_

I am paying \$1095 for my journey, requesting a single room and acknowledging that the single room will be an added charge: \_\_\_\_\_

I am a full-time student and am paying \$895 for my journey, sharing a double room \_\_\_\_\_

I am a full-time student and am paying \$895 for my journey, requesting a single room and acknowledging that the single room will be an added charge: \_\_\_\_\_

I am in a partnership/marriage. We are paying \$1895, sharing a room \_\_\_\_\_

A deposit of \$250 is required at time of registration or 30 days prior to the journey date, whichever falls first.

If you have sent that in already, subtract that deposit here \_\_\_\_\_

**Your grand total :** \_\_\_\_\_

## KNOWING AND VOLUNTARY EXECUTION

I have carefully read and fully understand the contents of this agreement as well as all the conditions as stated under the heading "Terms and Conditions" (see attached pages) including those conditions regarding responsibility borne by trip participants and conditions regarding cancellations and refunds. I am aware, that this is a release of liability and a legally binding and enforceable contract between myself and Sage de Beixedon Breslin, Ph.D: Psychologist – A Professional Corporation and/or Healing Heart Center.

I sign this statement of my own free will.

EXECUTED THIS \_\_\_\_\_ DAY OF \_\_\_\_\_ 20\_\_\_\_\_

SIGNATURE \_\_\_\_\_

PRINT NAME AS SIGNED \_\_\_\_\_

## **Included in the Journey Cost**

- Accommodations at The Villas Arqueologicas (see further information following the waiver and release pages)
- All lectures and teachings
- Daily entrance fees to the pyramids
- All transfers to and from the Mexico City airport
- Two meals per day (breakfast and supper), drinking water, and non-alcoholic beverages

## **Not Included**

We are not responsible for your round trip flight to and from Mexico City. Also not included are food or drink that are not specified in the journey materials, items of a personal nature such as laundry, gifts, shopping, beverages, toll calls, excess baggage, medical costs, and the costs of hospitalization and evacuation from remote areas, insurance and additional expenses arising from the delay or extension of a trip due to weather, political disputes, sickness, failure of transportation, or other causes beyond our control.

## **Payment**

A \$250.00 non-refundable deposit is due at the time of registration. The remainder is due two weeks prior to the journey. Payment can be made by cash, cashier's check, money order, PayPal, Visa, Mastercard, Discover or American Express. Cashier's checks or money order must be made out to Healing Heart Center. We will not make exceptions to this policy.

## **Cancellation and Refunds**

If cancellation occurs 60 or more days before departure, your \$250.00 deposit can be used toward another Healing Heart Center journey or event. For cancellation within 60 days prior to departure, refunds are unavailable. In the event that you must cancel your registration for a journey, please put the request in writing to Healing Heart Center, Beyond Insight Division.

We strongly recommend Travel Insurance if there is a chance you may have to cancel your flight for any reason. Sage de Beixedon Breslin, Ph.D. and Healing Heart Center reserve the right to cancel any trip prior to departure for any reason whatsoever, including an insufficient number of participants or logistical problems (e.g. acts of God, war, strikes, etc.), which may impede trip operations. The refund of all payments as described in the paragraph below shall release Sage de Beixedon Breslin, Ph.D. and Healing Heart Center from any further liability. A trip cancellation due to insufficient numbers would normally occur at least a month prior to departure, unless acts of God, war, strikes or other events impede our departure causing large numbers of participants opt to cancel participation on the journey in the last days before departure.

Sage de Beixedon Breslin, Ph.D. and Healing Heart Center must make substantial payments to vendors (including providers of land travel) far in advance of the scheduled date on which we embark. If a trip is cancelled due to forces beyond our control (acts of God, war, labor strikes, earthquake, flooding, etc.), Sage de Beixedon Breslin, Ph.D. and Healing Heart Center will promptly refund the portion of the trip cost not advanced to vendors (including any moneys set aside for airfare). We will use our best efforts to recover advance payments as promptly as possible, and we will refund to you the amount recovered, if any. However, we do not guarantee recovery of any or all of the advance payments made, and our use of best efforts to recover these payments will not include the institution of any legal proceeding in foreign lands. This policy applies to a trip cancellation by client choice following any necessary increase in trip costs. Thank you for joining us on this journey and for your cooperation!

## **Responsibility/ Limitation of Liability**

Sage de Beixedon Breslin, Ph.D.- Psychologist: A Professional Corporation, dba Healing Heart Center, a California corporation with its primary place of business in Solana Beach, California and its associates, give notice that services provided in connection with these itineraries are rendered by vendors who are not agents or employees of Sage de Beixedon Breslin, Ph.D.- Psychologist: A Professional Corporation. All of the accommodations, meals, tours, transportation and/or related travel services have been made by Sage de Beixedon Breslin, Ph.D.- Psychologist: A Professional Corporation only as an agent for the individual tour member.

While every effort is made to make travel arrangements with reputable vendors, a tour member expressly agrees that Sage de Beixedon Breslin, Ph.D.- Psychologist: A Professional Corporation shall not be liable for any delay, mishap, inconvenience, expense, irregularity, bodily injury or death to person, or damage to property occasioned through the negligence, wrongful or intentional acts, or default of any company or individual engaged in providing these arranged services. Each passenger conveyance, tour company, hotel accommodation, restaurant, etc. is subject to the laws of the state or country where the service is provided. Sage de Beixedon Breslin, Ph.D.- Psychologist: A Professional Corporation shall not be liable, directly or indirectly, for bodily injury or property damage for any reason whatsoever, including, but not limited to the following causes: acts of God, detention, annoyance, weather, quarantines, strikes, civil disturbance, theft, negligence (including that of Sage de Beixedon Breslin, Ph.D.- Psychologist: A Professional Corporation), default, changes in government regulations, terrorism, war or failure of conveyance to arrive or depart as scheduled.

Sage de Beixedon Breslin, Ph.D.- Psychologist: A Professional Corporation reserves the right to substitute hotels and leaders and to alter the itinerary when deemed necessary or advisable. The right is also reserved to cancel any trip prior to departure. Sage de Beixedon Breslin, Ph.D.- Psychologist: A Professional Corporation is released from any and all liability for cancellation of any trip, or portion thereof, except for payment of a land cost as set forth in the section on "Cancellation and Refunds".

Sage de Beixedon Breslin, Ph.D.- Psychologist: A Professional Corporation reserves the right to decline to accept or retain any person whose actions, physical health, mental condition or general deportment impede trip operation or rights, welfare or enjoyment of other trip members. A refund based on the cost of unused land services is the limit of the responsibility of Sage de Beixedon Breslin, Ph.D.- Psychologist: A Professional Corporation.

Sage de Beixedon Breslin, Ph.D.- Psychologist: A Professional Corporation is not responsible for any refunds should a presenter advertised as attending or leading a tour or conference cancel for any reason. Sage de Beixedon Breslin, Ph.D.- Psychologist: A Professional Corporation is not responsible for any physical, mental, emotional, or any other reaction, trauma, or ailment during the trip or occurring afterwards, that participants may experience at the sites or from any leaders, workshops, or sessions of any kind, including private sessions with facilitators or presenters. Attendance on the trip indicates acceptance of this and all other provisions of this responsibility clause.

Sage de Beixedon Breslin, Ph.D.- Psychologist: A Professional Corporation has recommended the purchase of appropriate travel insurance, baggage insurance, tour operation carrier default protection insurance, and trip cancellation insurance, and has made available explanatory information and policies, and the travel program member has the opportunity to purchase such insurance as protection against certain risks of travel to the planned destination. Travel program members are advised that travel insurance covers only what is included as stated in the travel insurance brochure. The airlines or transportation companies concerned are not held responsible for any acts, omissions or events during the time passengers are not on board their planes or conveyances. The passenger contract in use by the carriers concerned, when issued, shall constitute the sole



## *The Hotel:*



<http://www.villasarqueologicas.com.mx/eng/teotihuacan.asp>

## *The Journey Agenda*

**Day 1** Following your arrival in the Mexico City airport, move through immigration and change currency if you need to do so. Proceed to the Baron Rojo (Red Baron) Restaurant just outside customs and immigration in Terminal 1. If you arrive in Terminal 2, please take the train to Terminal 1 and meet the group. We will be departing from the airport by chartered vehicle at approximately 5:30 pm. We will travel to the village of Teotihuacan and check into the Villas Arqueologicas, then eat dinner together.

**Day 2-4** We will spend the next four days exploring and moving through the site of the pyramids, working as a group, and also one-on-one. The pyramids provide a natural series of practices and ceremonies that will guide us from the Temple of Quetzalcoatl, up the Avenue of the Dead, towards the Pyramid of the Moon. Our ascension and evolution will culminate atop the Pyramid of the Sun on our last day on site. The journey will provide us with an opportunity to regard the obstacles that we have placed, invited and allowed in our lives, and to determine whether or not they serve us. When we have discerned what we need to leave behind, we will release the life and story that we have lived, so we can move forward to a healthier reality. We will address those issues which impact us physically, emotionally, cognitively and spiritually as we move through Teotihuacan's plazas of Earth, Water, Air, and Fire. Through our introspection and surrender we will emerge and reconnect to the Divine Feminine energy at the Pyramid of the Moon. There are opportunities to experience transformative energies and connections to the Masters in the Temple of the Jaguars and in the Palace of the Butterflies. Our final day unites us with the Divine Masculine energy atop the Pyramid of the Sun.

**Day 5** We will travel by chartered vehicle to Mexico City at approximately 10 am, arriving in Mexico City at approximately 11 am. If there is interest in visiting the Basilica, we can make arrangement to do so. If there is not, we will travel directly to the airport. Should you have an earlier flight than the majority of the group, we will arrange transportation by taxi for you, but be advised that you will be responsible for paying for the taxi (approximately \$65).

# PACKING LIST AND OTHER IMPORTANT INFORMATION

We are delighted you are joining us for the upcoming journey to Teotihuacan. We ask you to carefully read the following information to ensure that your experience is as physically comfortable and spiritually rewarding as possible. Each sacred journey invariably includes two itineraries. On the physical part of the journey, we each travel as a member of a group to places of extraordinary beauty, power and enchantment. On the inner journey, we travel solo down a long, winding road that is often rife with potholes, detours and rivers to cross with no bridge in sight. The outer journey requires that we pack **good shoes, a hat, suntan lotion and bug repellent**. The inner journey requires that we bring along all of our love and courage to honestly deal with ourselves and see what is truth and what is illusion. The physical journey invites only our sense of humor and flexibility. But, our inner journey asks that we identify and begin dismantling the false assumptions upon which we have built our lives. The inner journey is the hardest one we ever make. But, the Toltec have traveled before us and mapped a road we can follow to transcend fear and reclaim our divine birthright of unconditional happiness. With the wisdom of our guides available to support and advise us, we can change our perception. The resulting death of ignorance and resurrection of awareness will speed our journey into the freedom beyond. Our outer journey is intended to follow this map to freedom. **To aid in your physical comfort, we strongly recommend that you pack the following:**

## **Mandatory Items:**

- You must have a valid Passport
- Money for extra food and personal expenses.
- Daily meals and water are provided.
- Water bottle suitable for carrying during the day. Bottled water will be provided. We strongly recommend brushing your teeth with purified water during your stay and do not allow water to run into your mouth when you shower.
- Sturdy walking shoes suitable for climbing pyramids and daily treks.
- Any prescription medication.

## **Suggested Items:**

- Personal items and toiletries
- Journal and pen/pencil
- Rain poncho
- Backpack or fanny pack for transporting items/water on the daily outings. The size of this device is dependent on the amount of belongings you prefer to carry with you!
- Snacks that are portable and do not melt in the warm sun.
- Band-aids, traveler's remedies, and any prescription medication that you *may* need
- Sunscreen (the altitude is high and the sun is strong during the day)
- Hat/Visor
- Alarm Clock
- Personal Pillow (if desired)
- Sunglasses
- Casual, comfortable clothes that you can layer and that are suitable for walking, and sitting while in the pyramid grounds
- Warmer clothes for the evening and early morning

In case of emergency during your travel, please contact Sage Breslin at 001.858.220.6960 (while in Mexico) or from the United States, please call 858.220.6960 or 858.481.8810 to leave a message. Cell phone coverage in Teotihuacan is *very limited*.