

# Freeing the Healer

A spiritual journey to Teotihuacan, Mexico

27 CEUs approved by the BBS/CA

*To work as a healer*, therapist, nurse, doctor, seer, coach, or advocate is to work with the universal energies of life and creation. Our greatest gifts are often those we struggle to understand, but which pour forth through us anyway. We spend so much time, reading, listening, learning, and training that we may even begin to think that WE are somehow responsible for the healing process. And, for those of us who have experienced that misunderstanding or fallacy firsthand, that myth can truly harm us.

When clinicians, healers and lightbeings try to utilize their own energy to do this important work, they deplete themselves and can fall prey to illness, injury, and burn-out. The key is to know with our full beings, that healing comes through us, not from us. We are the conduits through which energy moves towards and through those with whom we treat and collaborate so that they can reclaim their health and natural balance. To remain clear and clean, we must stay open to guidance from a source far greater than our human selves.

Join us in the ancient and powerful city of Teotihuacan where for 3,000 years humans have gathered for healing practices and sacred ceremony. This journey will free your mind, body and spirit to clear, connect, and practice in ways you have not yet been capable of! Your journey will be the greatest of gifts to yourself and to all those you honor and serve.

**27 CEUs approved by the BBS/CA**

Continuing Education units are provided by Healing Heart Center, #PCE 4976. This course meets the qualifications for 27 hours of continuing education credit for MFTs and/or LCSWs as required by the California Board of Behavioral Sciences. Course and cancellation policies are identified in our enrollment package.

**Sage Breslin, Ph.D. & Stephen Williams, LPC**

June 29-July 3, 2012

**\$1095.00 plus airfare \***

**\$1895.00 for dyads/couples \***

**SPACE IS LIMITED!**



**Sage Breslin, Ph.D.** is a Licensed Psychologist and Intuitive Consultant who specializes in Personal Transformation. She has written numerous books, chapters, and

Continuing Education courses that promote the transition from trauma to personal empowerment. She has trained in the practice of ancient ritual in healing in the US, Mexico, and Asia. She is currently in practice in Solana Beach, CA but has Intuitives in Training throughout the United States.



**Stephen Williams, LPC**

is the Director of Men's Programming at The Integrative Life Center in Nashville, Tennessee and has been a Facilitator for Beyond Insight since 2010. He is dedicated to promoting consciousness, connection, and relationship with a higher self for all. For the last 10 years, Stephen has specialized in the treatment of addictions, grief, trauma, and family of origin issues. Stephen is a Reiki Master and a devoted student of Toltec philosophy, Yoga, and meditation.

Enrollment forms and payment options available at:

[HealingHeartCenter.org/journeys.asp](http://HealingHeartCenter.org/journeys.asp)

Contact us at:

[info@HealingHeartCenter.org](mailto:info@HealingHeartCenter.org) or 858-481-8810

\* Accommodations provided by the Villas Arqueologicas. Trip cost includes lodging, meals, transportation to and from the Mexico City airport, and daily entry into the pyramids. Airfare not included.