

Healing Heart Center

BIOGRAPHICAL INFORMATION - INTAKE FORM

Sage de Beixedon Breslin, PhD

Please fill out this biographical background form as completely as possible. It will help me in our work together. All information is confidential as outlined in the Office Policy form. If you do not desire to answer any question, merely write "Do not care to answer." Please print or write clearly and bring it with you to the first session.

NAME: _____ MALE/FEMALE: ____ DATE: _____

DATE OF BIRTH: _____ PLACE: _____ AGE: _____

ADDRESS: _____ CITY _____ ZIP _____

TELEPHONE: H: _____ W: _____ CELL: _____ FAX: _____

SOCIAL SECURITY NUMBER: _____ E-MAIL: _____

HIGHEST GRADE/DEGREE: _____ TYPE OF DEGREE: _____

EMERGENCY CONTACT _____ & PHONE # _____

REFERRAL SOURCE: _____

INSURANCE POLICY: _____ ID# _____

OCCUPATION (former. if retired): _____

PRESENTING PROBLEM (be as specific as you can: When did it start, how does it affect you...):

Estimate the severity of the above problem: Mild__ Moderate__ Severe __ Very severe ____

PARENTS/STEP-PARENT (Name/age or year of death/cause of death, occupation, personality, how did s/he treat you, brief statement about the relationship):

Father: _____

Mother: _____

Step-parents _____

SIBLINGS (name/age, if dead: age and cause of death & brief statement about the relationship):

1. _____

2. _____

12625 High Bluff Drive, Suite 101 ♥ San Diego, CA 92130
(858) 481-8810 ♥ (858) 481-8816 Fax

Healing Heart Center

3. _____

4. _____

5. _____

MEDICAL DOCTOR/S (name /phone): _____

PAST/PRESENT MEDICAL CARE (major medical problems, surgeries, accidents, falls, illness):

Specify all **MEDICATION** you are presently taking and for what. **PRINT** clearly:

PAST/PRESENT DRUG/ALCOHOL USE/ABUSE (AA, NA, treatments):

SUICIDE ATTEMPT/S or **VIOLENT BEHAVIOR** (describe: ages, reasons, circumstances, how, etc)

FAMILY MEDICAL HISTORY (Describe any illness that runs in the family: cancer, epilepsy, etc):

FRIENDSHIPS, COMMUNITY, & SPIRITUALITY (Describe quality, frequency, activities, etc.):

PAST/PRESENT PSYCHOTHERAPY (specify: month year/s (beginning—end), estimated no. of sessions, name, degree, phone & address, initial reason for therapy, Ind/Couple/Family, medication, brief description of the relationship and how helpful it was, and how/why it ended):

1. _____

12625 High Bluff Drive, Suite 101 ♥ San Diego, CA 92130
(858) 481-8810 ♥ (858) 481-8816 Fax

Healing Heart Center

2. _____

3. USE OTHER SIDE OF THE PAGE FOR MORE INFORMATION ABOUT PSYCHOTHERAPISTS

DESCRIBE YOUR CHILDHOOD IN GENERAL (Relationships with parents, siblings, others, school, neighborhood, relocations, any school/behavioral/problems, abusive/alcoholic parent):

IF PARENTS DIVORCED: Your age at the time: _____, Describe how it affected you at the time:

FAMILY HISTORY OF ALCOHOLISM, MENTAL ILLNESS, OR VIOLENCE (including suicide, depression, hospitalizations in mental institutions, abuse, etc.):

What gives you most joy or pleasure in your life:

What are your main worries and fears:

What are your most important hopes or dreams:

Please add on the other side of the page or on a separate page any other information you would like me to know about you and your situation

12625 High Bluff Drive, Suite 101 ♥ San Diego, CA 92130
(858) 481-8810 ♥ (858) 481-8816 Fax